

MENEVA®

Calcium & Vitamin D₃ Tablets

Please read this leaflet before taking your medicine and keep it in a safe place just in case you require it again. This leaflet contains only the most essential information on your medicine. Ask your doctor or your pharmacist if you have any other questions about your medicine or in case you have any doubts.

Each MENEVA® round scored tablet contains :

- Active Ingredients : Vitamin D₃ (Cholecalciferol) : 500 IU ; Calcium Phosphate dibasic (Calcium monohydrogen phosphate) : 600 mg
- Excipients : Microcrystalline cellulose, Lactose, Stearic acid, Colloidal silicon dioxide , Magnesium stearate and Orange Tangerine as Flavor.

1- How does MENEVA® act?

Calcium and phosphorus are important anabolic substances for the human organism, particularly for the bones and teeth. The concurrent supply of vitamin D is required to ensure the absorption of these active substances from the intestine and the proper utilization in the organism. The efficacy of MENEVA® is based on the appropriate proportion of calcium, phosphorus and vitamin D to one other.

2- Why has MENEVA® been prescribed to me?

MENEVA® has been prescribed by your doctor as a supplement to the endogenous vitamin D production and the daily nutrition in order to prevent calcium and vitamin D deficiencies :

- a- In children for the prevention of rickets, in periods of rapid growth, particularly with insufficient exposure to sunlight.
- b- In adults for the prevention of osteomalacia, during pregnancy and lactation, in night workers, in aged and diseased persons rarely moving about outdoors and, in case of need, also during the sunless months.

3- When and how should I take MENEVA®?

Take MENEVA® as prescribed by your doctor. The usual dose is 1 tablet per day. The tablets should preferably be chewed and swallowed with some water.

4- When should I not take MENEVA®?

Hypothyroidism and idiopathic hypercalcaemia are contraindications for the use of preparations containing vitamin D for the prevention of rickets in babies and infants.

5- What if I am taking other drugs?

When taking MENEVA® for the prevention of rickets or osteomalacia, care should be exercised not to take other food (milk products) or drugs concurrently which are either enriched with vitamin D or also contain this vitamin. The recommended quantity should be taken regularly but should not be exceeded.

6- How do I store my MENEVA® tablets?

It is best to keep your MENEVA® in the original container supplied. The package should be kept in a dry place at temperatures not exceeding 25°C, protected from light.

Presentation :

MENEVA® is available in blister packs of 100 tablets.

Do not use after expiry date.

This is a medicament

- A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed.
- Do not repeat the same prescription without consulting your doctor.

Keep medicament out of children's reach.

Manufactured in Zouk Mosbeh Lebanon by
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